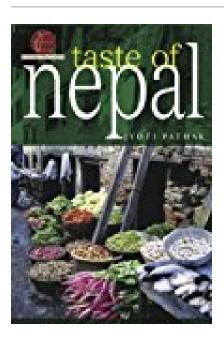
Taste of Nepal Hippocrene Cookbook **Library Paperback**



BOOK DETAILS

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BOOK SYNOPSIS

Explore Nepal in this new paperback edition! The landlocked nation of Nepal is tucked into the Himalayan mountains between India and China (Tibet). The Nepalese are proud of their time-worn temples, sublime scenery, hiking trails, and a rich and vibrant culture. Their cuisine is surprisingly diverse for such a small country, with influences from Chinese and Indian culinary methods and tastes. In this cookbook, the popular staple daal-baat-tarkaari (rice served with lentils and vegetables) is showcased in all its healthful variations, as are a variety of potato, meat, and fish dishes. With more than 350 authentic, easy-to-follow recipes, Taste of Nepal is a complete culinary journey with guides to Nepali ingredients and kitchen equipment and planning traditional meals, a Nepali-English glossary of terms, and delightful illustrations by a Nepali artist.

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